

# DONATELIFE WEEK UNDERSTANDING THE FACTS AND BUSTING THE MYTHS

# Key messages

- DonateLife Week (Sunday 27 July to Sunday 3 August) is Australia's major public awareness week to encourage more Australians to sign up and support organ and tissue donation.
- We want all Australians to register as organ and tissue donors and be the reason someone else gets a second chance at life.
- We know that 4 in 5 Australians say they support donation, but only 1 in 3 are registered on the Australian Organ Donor Register.
- There are currently around 1,800 Australians on the waitlist for an organ transplant and 14,000 more on dialysis for kidney failure who need Australia's help.
- Transplant recipients come from different backgrounds, and experience different health issues, but they're united in their gratitude for donors and their families.
- Your family will always be asked to support your decision before organ or tissue donation goes ahead. They are much more likely to agree if they know you want to be a donor.
- Around 8 in 10 families say yes to donation if their family member is registered, but this drops to 4 in 10 when they don't know if their family member wanted to be a donor.
- One organ donor can save the lives of up to 7 people and change the lives of many more through eye and tissue donation.

This DonateLife Week be the reason someone else gets a second chance at life.



# How do you register?

It only takes one minute to register as an organ and tissue donor at <u>donatelife.gov.au</u>, or scan the QR code.



# ORGAN AND TISSUE DONATION BUSTING COMMON MYTHS

#### Health

**Myth:** I'm not healthy enough and I smoke, vape or drink. I don't think I can be a donor.

Fact: You don't have to be in perfect health to be a donor. There are only a few medical conditions that may prevent you from being a donor. You can trust the medical team at the time of your death to determine if donation is possible.

#### Age

Myth: I must be too old to be a donor.

**Fact:** You're never too old. People over 80 have become donors.

### Religion

Myth: My religion doesn't support donation.

Fact: All major religions do. This includes Islam, Buddhism, Hinduism, Judaism and Christianity. You can read some of the religious and cultural support statements in the <u>community resource</u> <u>library</u> on the DonateLife website.

#### **Funerals**

**Myth:** Organ and tissue donation will disfigure my body, so I won't be able to have an open casket.

Fact: The surgery won't disfigure your body and you can have an open casket if you wish.

# Hospitals

**Myth:** If I'm a registered organ donor, I'll automatically become one when I die.

Fact: Very few people can be an organ donor. Only around 2% of people who die in Australian hospitals meet the criteria required to be an organ donor. In Australia, families of potential donors are always asked to agree to their family member becoming a donor before donation can go ahead.

**Myth:** If I'm a registered donor, doctors won't work hard enough to save my life.

**Fact:** The doctor's first priority is always to save your life. Organ and tissue donation will only be considered at the end of your life, or when death is expected.

#### **Drivers licence**

**Myth:** I'm already registered through my drivers licence.

**Fact:** Unless you live in South Australia, you can no longer register to be a donor when applying for your drivers licence.

You need to register on the Australian Organ Donor Register. It only takes one minute at **donatelife.gov.au** through your Medicare account.