

# DECIDE

#### **Deciding to donate**

## Making the decision (saying yes to donation).

It can be very hard making the decision to donate your organ and tissues because it happens after we pass away and it can be very hard to talk about. Organ and tissue donation gives hope to others who are sick, and these people have a new chance at life after receiving a donation.

#### I want to become a donor. What's next?

Register your decision (a record to show you want to donate) and talk to your family about your decision.

### What is the Australian Organ Donor Register?

The Australian Organ Donor Register keeps an official record of your donation decision and which organs and tissues you agree to donate. When someone who wants to be a donor passes away, the information about what organs and tissue are being donated is checked and the doctors will then discuss donation with their family.

If you are not registered, your familiy will still be asked if they would like to donate and they may say no. That is why it is important that your family knows your wishes.

#### **How to Register:**

If you would like to register online go to www.donorregister.gov.au.

Visit your **Medicare office** and pick up a brochure that has a registration form in it.

Call 1800 777 203 to register on the telephone or ask for a registration form to be posted to you. Your local GP may also have registration forms.

You **must be over 16 years of age to register** to become an organ and tissue donor in Australia.

Remember to talk about your donation wishes with your family and keep reminding them that you want to donate.





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